

Monday	Tuesday	Wednesday	Thursday	Friday
Milk Included*	Milk Included*	Milk Included*	Milk Included*	Milk Included*
Biscuits 1 Ea Jelly 1 Ea Peaches ½ cup	<b>WG Corn Flakes ¾ cup</b> Bananas 1 Ea	Yogurt ½ cup Pears ½ cup	Bagel 1 Ea Cream Cheese ½ Ea Apple Sauce ½ cup	Banana Bread 1 Ea Apple Slices w Cinnamon ½ cup
<u>Main Dish</u> Milk Included*	<u>Main Dish</u> Milk Included*	<u>Main Dish</u> Milk Included*	<u>Main Dish</u> Milk Included*	<u>Main Dish</u> Milk Included*
Chicken ¼ cup <b>WG Mexican Rice ¼ cup</b> Oregon Mix Veggies ¼ cup Black Beans ¼ cup	<b>Mac and Cheese ¾ cup</b> Mashed Potato ¼ cup Broccoli ¼ cup	Beef Tacos ¼ cup Shredded Cheese ⅛ cup <b>WG Tortilla 1 Ea</b> Corn ¼ cup Oranges ¼ Ea.	Chicken Teriyaki ¼ cup <b>WG Rice ¼ cup</b> Normandy Blend ¼ cup Fresh Apple Slices ¼ Ea	Turkey Burgers 1 Ea Cheese slices 1 Ea Ketchup 1 Ea <b>WG Bun 1 Ea</b> Garden Salad ¼ cup Homemade Ranch ⅛ cup Fruit Cocktail ¼ cup
<u>Substitution</u>	<u>Substitution</u>	<u>Substitution</u>	<u>Substitution</u>	<u>Substitution</u>
			Canned Apple Slices ¼ cup	Peas and Carrots ¼ cup
Hummus ⅛ cup Pita ¼ ea.	Cheese Cubes 3 Ea Pretzel Bites 3 Ea	Chicken Salad ¼ cup Ritz 5 ea.	Hard Boiled Egg 1 ea. Saltine Crackers 5 ea.	String Cheese 1 ea. Mandarins ½ cup

“This institution is equal opportunity Provider”

“All milk served to participants is unflavored, all participants 2 years and older are served either low-fat (1%) or fat-free milk, and children 1 year old are served whole milk”

“ Little Angels will meet its Whole Grain daily requirements with either Breakfast,Lunch or Snack”