

Monday 7/1	Tuesday 7/2	Wednesday 7/3	Thursday 7/4	Friday 7/5
Milk Included*  <b>WG Pancakes 1 Ea</b> Jelly 1 Ea Peaches ½ cup	Milk Included*  <b>WG Rice CHEX ¾ cup</b> Banana 1 Ea	Milk Included*  Egg 1 Patty <b>WG Bread ½ Slice</b> Pears ½ cup	Milk Included*  Bagel 1 Ea Cream Cheese ½ Pineapple ½ cup	Milk Included*  Blueberry Bread 1 Ea Apple Sauce ½ cup
<u>Main Dish</u> Milk Included*  Chili Beef and Bean ½ cup Shredded Cheese ⅛ cup Saltine Crackers 5 Ea Corn ¼ cup	<u>Main Dish</u> Milk Included*  <b>Mac and Cheese ¾ cup</b> Mashed Potato ¼ cup Broccoli ¼ cup	<u>Main Dish</u> Milk Included*  Chicken ¼ cup <b>WG Rotini Pasta W Roasted Bell Pepper Sauce ¼ cup</b> Cauliflower ¼ cup Mango ¼ cup.	<u>Main Dish</u> Milk Included*  Meatballs 4 Ea. <b>Wg Sub 1 Ea</b> Shredded Cheese ⅛ cup Green Beans ¼ cup Honeydew ¼ cup	<u>Main Dish</u> Milk Included*  <b>WG Chicken Nuggets 5 ea.</b> Ketchup 1 Ea Mash Potato ¼ cup Fruit Cocktail ¼ cup
<u>Substitution</u> <b>Vegetarian</b> Chili Beans ½ cup Shredded Cheese ⅛ cup Saltine Crackers 5 Ea Corn ¼ cup Fruit Salad ¼ cup	<u>Substitution</u>	<u>Substitution</u>	<u>Substitution</u>	<u>Substitution</u>
Animal Crackers ¼ cup Apple Sauce ½ cup	Yogurt ¼ cup Granola ⅛ cup	Hard Boiled Egg 1 Ea Saltine Crackers 5 Ea	Sunbutter ⅛ cup Apple Slices ½ cup	String Cheese 1 Ea Sweet Potato Crackers ¼ cup

“This institution is equal opportunity Provider”

“All milk served to participants is unflavored, all participants 2 years and older are served either low-fat (1%) or fat-free milk, and children 1 year old are served whole milk”

“ Little Angels will meet its Whole Grain daily requirements with either Breakfast,Lunch or Snack”